

Feb-12

FIRST BAPTIST CHRISTIAN RECREATION CENTER

SUNDAY CLOSED	MONDAY 6:00am-9:00pm	TUESDAY 6:00am-9:00pm	WEDNESDAY 6:am-5:00pm	THURSDAY 6:00am-9:00pm	FRIDAY 6 a.m. - 6 p.m.	SATURDAY 9 a.m. - 1 p.m.
			1 BODY RECALL 11:00a	2 * AM CHAOS 5:45am MMO 10:30-11:15 no bball BOOTCAMP 5:30pm  ZUMBA 6-7pm BASIC STEP 7:00pm	3 BODY RECALL 11:00a	4 BOOTCAMP 8:15AM BASIC STEP 9:30AM  * FIT FOR LIFE 11:00am
5	6 * Stretch/ Fit-Rx 9:30am  Adv. Step/ Toning 6-7:15pm  BASIC STEP 7:00pm	7 BODY RECALL 11:00am BOOTCAMP 5:30PM  MMO 10:30-11:15 no bball  KICKBOXING 6:00pm	8 BODY RECALL 11:00am	9 * AM CHAOS 5:45am BOOTCAMP 5:30pm  ZUMBA 6-7pm MMO 10:30-11:15 no bball BASIC STEP 7:00pm	10 BODY RECALL 11:00am	11 BOOTCAMP 8:15AM BASIC STEP 9:30AM  * FIT FOR LIFE 11:00am
12	13 * Stretch/ Fit-Rx 9:30am  Adv. Step/ Toning 6-7:15pm  BASIC STEP 7:00pm	14 BODY RECALL 11:00am MMO 10:30-11:15 no bball  BOOTCAMP 5:30PM  KICKBOXING 6:00PM	15 BODY RECALL 11:00AM  CLOSING 2:00pm	16 * AM CHAOS 5:45am MMO 10:30-11:15 no bball  BOOTCAMP 5:30pm ZUMBA 6-7pm BASIC STEP 7:00pm	17 BODY RECALL 11:00am	18 BOOTCAMP 8:15AM BASIC STEP 9:30am  * FIT FOR LIFE 11:00am
19	20 * Stretch/ Fit-Rx 9:30  Adv. Step/ Toning 6-7:15pm  BASIC STEP 7:00pm	21 BODYRECALL 11:00am  MMO 10:30-11:15 no bball BOOTCAMP 5:30PM  KICKBOXING 6:00PM	22 BODY RECALL 11:00a	23 * AM CHAOS 5:45am MMO 10:30-11:15 no bball  BOOTCAMP 5:30pm ZUMBA 6-7pm BASIC STEP 7:00pm	24 BODY RECALL 11:00am	25 BOOTCAMP 8:15am BASIC STEP 9:30am  * FIT FOR LIFE 11:00am
26	27 * Stretch/ Fit-Rx 9:30am  Adv. Step/ Toning 6-7:15pm  BASIC STEP 7:00pm	28 BODY RECALL 11:00am MMO 10:30-11:15 no bball  BOOTCAMP 5:30pm  KICKBOXING 6:00pm				

\*3 NEW classes beginning/Check back of calendar for details  
CLOSING 2:00 pm Wed. Feb. 15<sup>th</sup>.

♥ A new command I give you: Love one another. As I have loved you, So you must love one another. ♥  
Jn. 13:34